







Homemade Tomato Soup & Grilled Cheese Wedges	Pulled Pork Sliders on Buns with Sweet Potato Fries	Penne with Broccoli, Cheese, Garlic & Olive Oil	e
Soy & Ginger-Glazed Chicken with Rice & a Crispy Egg Roll (Vegetarian alternate available)	Four-Cheese Enchilada with Local Scallions, Beans & Rice	Vegetarian Lasagna Roll-Up with Garlic Bread	A
Potato Pierogi with Caramelized Onions & Sour Cream	Chicken & Waffles with Syrup & Honey Mustard Dipping Sauce	Fettucine Alfredo & Garlic Bread	٥
Grilled Chicken, Roasted Red Pepper, & Provolone Cheese Panini with Honey Mustard	Bacon Swiss Burger on a Kaiser Roll	Homemade Baked Ziti with Jersey Fresh Marinara Sauce & Ricotta Cheese	
Roast Chicken with Mashed Potatoes & Cornbread	Cougar Burger - Cheeseburger with Barbecue Sauce & Onion Rings on Kaiser Roll	Fiesta Macaroni & Cheese	FA
	Soup & Grilled Cheese Wedges Soy & Ginger-Glazed Chicken with Rice & a Crispy Egg Roll (Vegetarian alternate available) Potato Pierogi with Caramelized Onions & Sour Cream Grilled Chicken, Roasted Red Pepper, & Provolone Cheese Panini with Honey Mustard Roast Chicken with Mashed Potatoes &	Soup & Grilled Cheese Wedges Soy & Ginger-Glazed Chicken with Rice & a Crispy Egg Roll (Vegetarian alternate available) Potato Pierogi with Caramelized Onions & Sour Cream Chicken & Waffles with Syrup & Honey Mustard Dipping Sauce Grilled Chicken, Roasted Red Pepper, & Provolone Cheese Panini with Honey Mustard Roast Chicken with Mashed Potatoes & Cornbread Cougar Burger - Cheeseburger with Barbecue Sauce & Onion	Soup & Grilled Cheese Wedges Four-Cheese Enchilada Chicken with Rice & a Crispy Egg Roll (Vegetarian alternate available) Potato Pierogi with Caramelized Onions & Sour Cream Chicken & Waffles with Syrup & Honey Mustard Dipping Sauce Fettucine Alfredo & Garlic Bread Fettucine Alfredo & Garlic Bread

Made-to-Order Deli Bar Assorted Grab & Go Sandwiches

Pizzeria Pizza

MERICAN irille

Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun

- Mediterranean Bento Box Hummus with Fresh Vegetables & Pita Chips
- Paris Café Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces

FRESH

Farm Fresh Salad Bar

Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll Local Applesauce

Vegetarian Entrées in Green



= Featured Favorite Lunch



A complete meal includes: Entrée with Protein/Grain, Servings of Fruit/Vegetable & a Choice of Milk. Also available daily: Assorted cold beverages, homemade soups, fresh & chilled fruit bowl & bread basket. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change









AVAILABLE DAILY

Monday 13	Nachos with Beef & Cheese topped with Diced Tomatoes, Lettuce & Sour Cream	Chicken BLT Hero	Penne with Grilled Chicken & Marinara Sauce	Deli Central	Made-to-Order Deli Bar Assorted Grab & Go Sandwiches Pizzeria Pizza	izza zone
Tuesday 14	Cavatelli & Broccoli with Cannellini Beans & Garlic Bread	Fresh Barbecue Chicken, Bacon & Cheddar Cheese Quesadilla	Spaghetti with Jersey Fresh Meat Sauce & Garlic Bread	AMERICAN GRILLE	 Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks 	zone
Wednesday 15	Backyard Barbecue Day	Burgers, Hot Dogs, Veggie Burgers, Grilled Chicken	Corn on the Cob, Assorted Salads, Watermelon		Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun Mediterranean Bento Box – Hummus	
Thursday 16	Spicy BBQ Chicken Wrap	Cheesesteak in a Whole Wheat Wrap with Fried Onions	Linguine with Spicy Marinara & Meatballs	♦	with Fresh Vegetables & Pita Chips Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces	Daily Dish
Friday 17	Mozzarella Sticks with French Fries & Bread	Sabrett All-Beef Hot Dog on a Bun with Fried Peppers & Onions	Pasta with Pink Sauce & Shredded Mozzarella Cheese	FRESH FARMSTAND	Farm Fresh Salad Bar Assorted Grab & Go Salad Specials Assorted salad selections offered with a R Local applesauce	Poll

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or see our Food Allergy Best Practices at www.pomptonian.com.











AVAILABLE DAILY

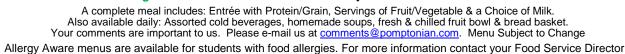
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Monday 20	Chipolte Chicken on a Brioche Roll	Buffalo Chicken Sliders on Buns	Pasta & Jersey Fresh Marinara Sauce with Cheese	Deli Central	Made-to-Order Deli Bar Assorted Grab & Go Sandwiches
Tuesday 21	Crispy Chicken on a Bun < with Lettuce & Tomato	Grilled Cheese with Tomato on Rye	Cavatappi with Sausage & Pink Sauce	AMERICAN GRILLE	Pizzeria Pizza Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks
Wednesday 22	Chicken Arizona - Grilled Chicken, Roasted Red Peppers, Melted Provolone Cheese & Honey Mustard on a Kaiser Roll	Italian-Style Sabrett All-Beef Hot Dog with Peppers, Onions & Potatoes on Ciabatta	Bow-Tie Pasta with Meatballs & Jersey Fresh Marinara Sauce		Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun Mediterranean Bento Box – Hummus
Thursday 23		MINIMUM DAY NO LUNCH		♦	with Fresh Vegetables & Pita Chips Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces
Friday 24		NO SCHOOL SNOW DAY GIVE BACK		FRESH FARWSTAND	Farm Fresh Salad Bar Johnny Pops Fruit Ice Pop Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll Local Applesauce

Vegetarian Entrées in Green



= Featured Favorite Lunch





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AVAILABLE DAILY

Monday 27	MEMORIAL DAY	SCHOOL CLOSED	MEMORIAL DAY	Deli Central	Made-to-Order Deli Bar Assorted Grab & Go Sandwiches
Tuesday 28		SCHOOL CLOSED EMERGENCY CLOSURE GIVE BACK DAY		American Grille	Pizzeria Pizza Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks
Wednesday 29	3-D Burger on a Bun	Grilled Fresh Chicken Pesto Hero	Stuffed Shells Parmesan with Bread	♦	Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun Mediterranean Bento Box – Hummus
Thursday 30	Bacon, Egg & Cheese on a Bagel	Pizza Burger on a Whole Wheat Bun	Bow-Tie Pasta with Sun- Dried Tomatoes, Garlic & Cheese	*	with Fresh Vegetables & Pita Chips Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces
Friday 31	Fresh Roasted Chicken over Rice	Balsamic Roasted Portobello Mushroom with Pesto & Roasted Red Pepper on a Kaiser Roll	Penne Alfredo with Broccoli	FRESH FARWSTAND	Farm Fresh Salad Bar Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll

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